Fetal Musculoskeletal Dysplasia
Emphasis on Lethal Disorders
The Role of Ultrasound

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### Fetal Musculoskeletal Disorders

- Rare, incidence typically < than 1/10,000
  - ➤ Individually rare but overall compose 5% genetic disorders in neonates.
  - ➤ Over 400 subtypes....approach?

\*Nosology Group of the International Skeletal Dysplasia Society charged with classification of distinct skeletal disorder

### No Disclosures

## Nosology Classification of Genetic Skeletal Disorders \* 2015

- Recognizes 436 genetic bone disorders with a substantial skeletal component
  - > 40 groups based on molecular, biochemical, radiographic criteria, clinical phenotype
  - Hybrid between clinically defined disorders awaiting molecular clarification & those with molecular confirmation

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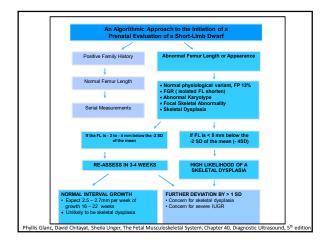
### **LEARNING OBJECTIVES**

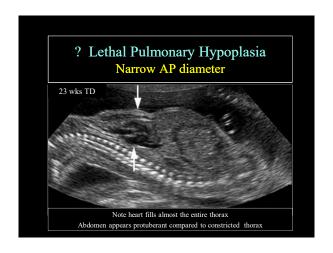
- Develop a systematic key features algorithmic approach to the diagnosis of common lethal skeletal dysplasias on US
- Review the US features of lethal pulmonary hypoplasia
- 3. Correlate US findings with pathology
- Utilize the combination of pulmonary hypoplasia and key features to diagnose common lethal skeletal dysplasias (LSD)

### Fetal Skeletal Dysplasias in a Tertiary Center: Radiology, pathology, and molecular analysis

- Incidence 112/2002 (5.6%) perinatal autopsies
  - > 91 had both US and Pathology
  - > 16/40 Nosology 2010 groups
  - > Commonest specific diagnoses
    - > Thanatophic Dysplasia 22%
    - > Osteogenesis imperfecta 20%
      - Then.....Limb hypoplasia reduction defects, Chondrodysplasia punctate, short-rib polydactly syndromes.

P. Glanc et al Clin Genetics 2014.



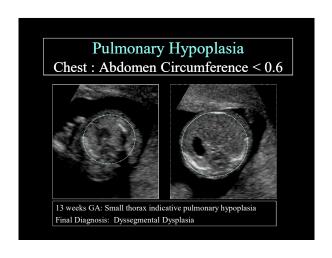


Key Questions: If have abnormal Femur Length

1. Is it a lethal malformation?

2. What is the appearance of the long bones?

3. What are the key features & associated findings?

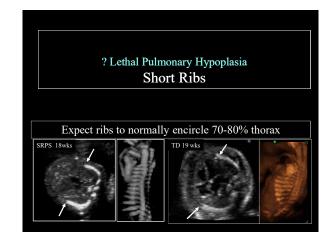


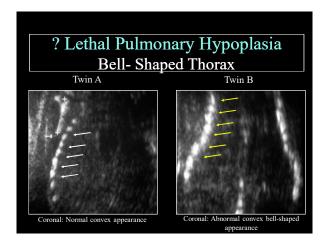
Key Questions: If have abnormal Femur Length

1. Is it a lethal malformation?

• Key factor is degree pulmonary hypoplasia

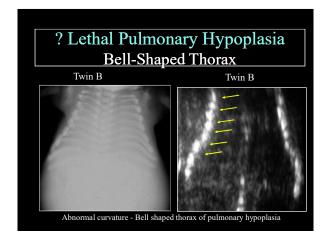
• US diagnosis is accurate in ~ 85-100%





# Prediction Lethality: Multiple sonographic parameters on basis pulmonary hypoplasia

- Short thoracic length (from neck to diaphragm)
- Markedly narrowed anteroposterior diameter (sagittal view)
- Concave or bell-shaped contour of the thorax (coronal view)
- At level 4- chamber heart view:
  - Thoracic circumference <5th %ile
  - Ribs encircle < 70% thoracic circumference
  - Heart: Chest circumference ratio > 50%
- Thoracic to abdominal circumference ratio < 0.6



### Evaluation Fetus with mildly shortened femur

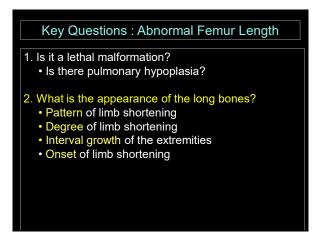
< 5th percentile for GA or below 2SD from mean for GA consider following

- 1. Majority normal variation or constitutional short stature.
- 2. Up to 13% isolated mildly short femurs at 18-24 weeks are re-classified as normal on follow-up suggesting measurement errors
- 3. Family and maternal ethnicity should be considered.
- 4. Aneuploidy, in particular Trisomy 21, should be considered.
- 5.  $FGR-isolated\ FL$  in biometry can be indication, look other evidence
- Assess serial growth over 3-4 weeks, if normal then skeletal dysplasia unlikely.
- 7. Findings predictive of skeletal dysplasia include:
- Femur length > 5 mm below the -2 SD value for GA (> 4SD below mean 18-22 wk)
- Femur : Foot length < 0.9 is concerning
- Femur : Abdominal circumference < 0.16 ( especially if polyhydramnios)
- Chest: Abdomen circumference < 0.6

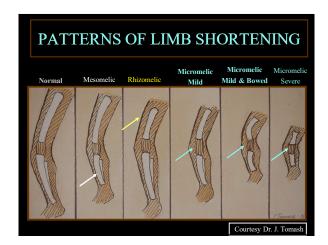


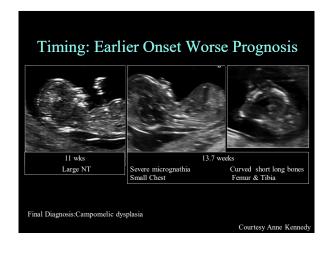
### **Predictive Numbers SD**

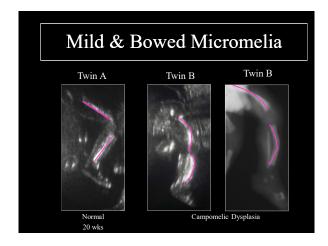
- $<5^{\text{th}}$  percentile for GA or below 2SD from mean for GA consider following
- FL > 5 mm below the -2 SD value for GA (> 4SD below mean 18-22 wk)
- FL: Foot length < 0.9
- FL: abdominal circumference < 0.16 (Increased if poly)
- Chest: Abdominal circumference < 0.6

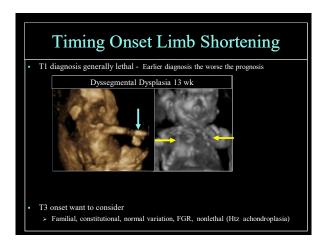


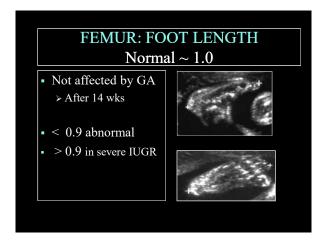


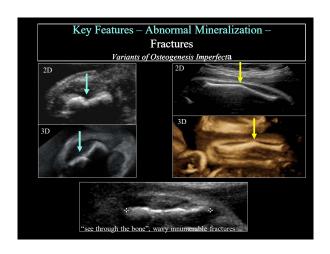




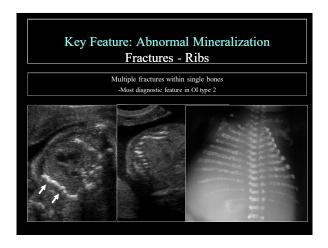


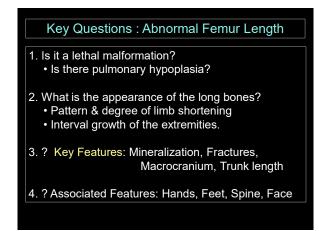




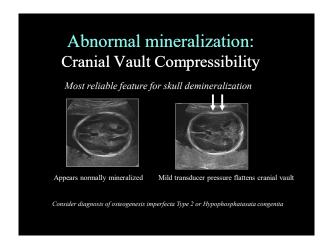


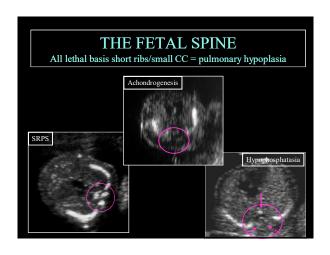


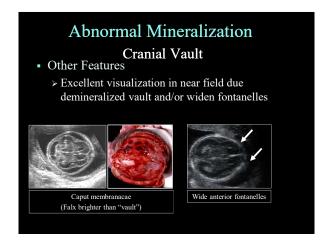


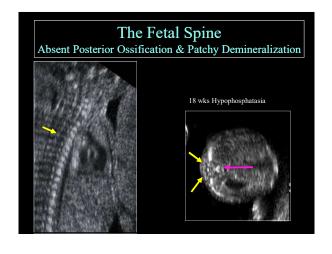


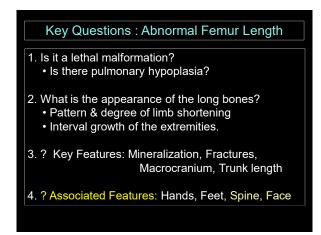


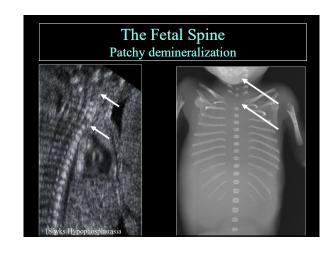


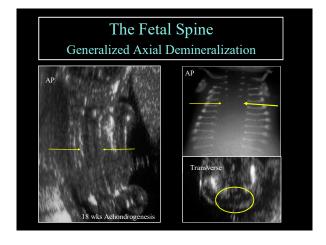


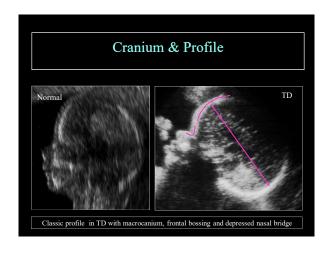


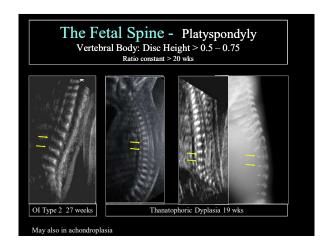


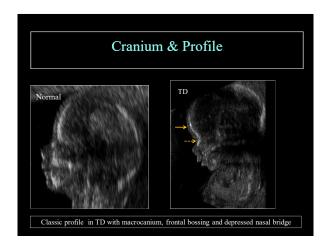


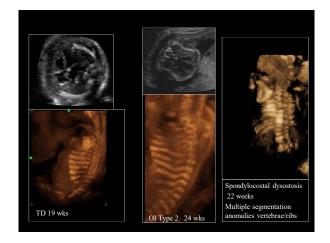


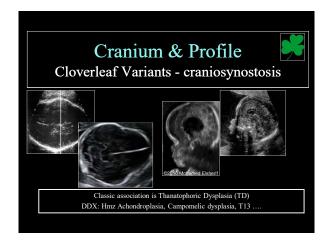




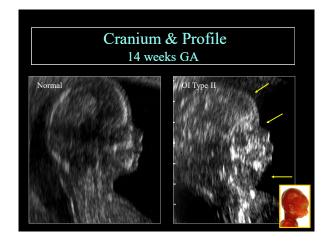


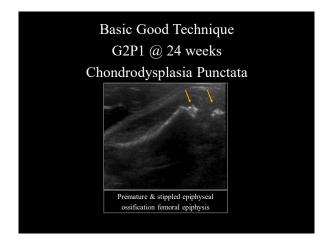






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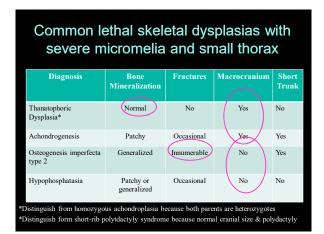
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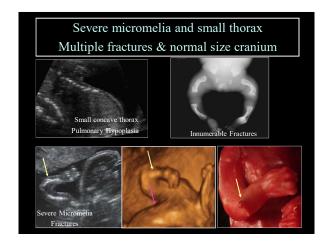


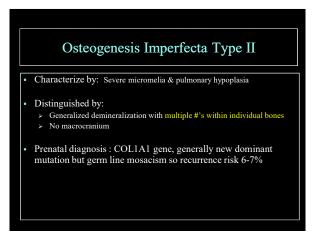
Lethal Skeletal Dysplasias characterized by severe micromelia and pulmonary hypoplasia

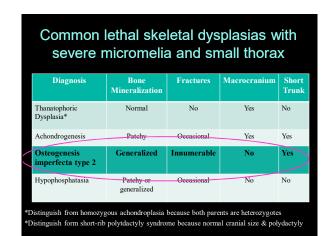
Lethal Skeletal Dysplasias distinguished by several key features



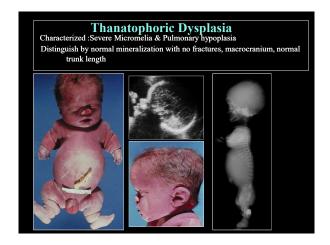


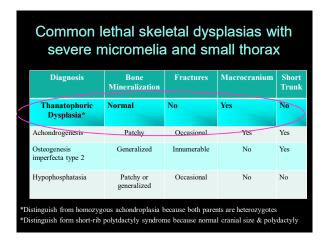


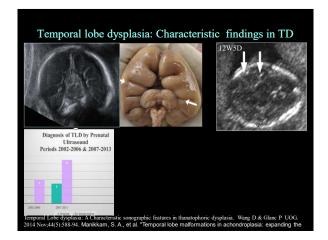


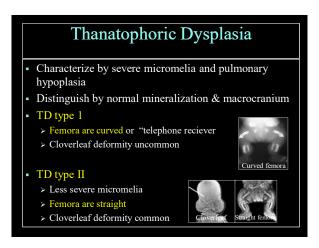


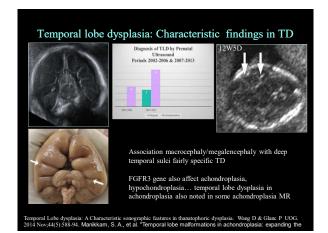






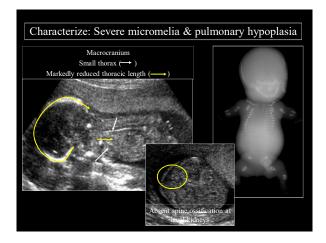






## FGFR3 Disorders

- Thanatophoric dysplasia one of most common lethal SK, AD
- Achondroplasia commonest non-lethal SK characterized by relative macrocephaly, characteristic facies, short long bones, brachydactyly with trident configuration
  - > AD
- Hypochodroplasia < severe features



### Skeletal Dysplasias: Role NIPT Screen Single Gene Disorders

- TD commonest lethal SD confirm diagnosis
  - Prevalence TD remains low 2-3/100,000 births
  - BPD/FL ratio decreases rapidly to less than 3 prior to 13 wk, less than 2 prior 18 weeks
     BPD/FL ratio > 3 after 13 weeks; > 2 after 18 weeks concerning
    - Follow NIPT reliable if fetal DNA concentration > 3% 100% sensitivity/specificity for FGFR3 gene mutation (Ren et al)
    - See anomalies by 12-14 weeks such that macrocephaly or severe limb shortening cause abnormal BPD/FL ratio.
- Screening for single gene disorders NIPT may aid narrow differential
- Achondrogenesis: <1% recurrence risk when associated with de novo mutations in COL2A1, or 25% if associated with AR TRIP11 or SLC26A2 homozygous mutations
- Case: FL below 5<sup>th</sup> percentile. Father carrier hypophosphatasia (AR), Mother negative
- NIPT SGD panel identified COLA1A2 mutation consistent with osteogenesis imperfecta
   Case: FL below 3<sup>rd</sup> percentiles at 29 weeks. Diagnosis suggested was achondroplasia heterozygous form.
  - NIPT SGD panel identified COL1A2 mutation consistent with osteogenesis imperfecta

Mohan, Pooja, et al. "Skeletal dysplasias screening by NIPT for single-gene disorders: Clinical value of narrowing the diff diagnosis." AJOG 220.1 (2019). Wang, Liangcheng, Isao Horiuchi, and Kenjiro Takag. "Comment on "noninvasive prematal test (PGRF3-related skeletal dysplasia based on next-generation sequencing and plasm cell-free DNA." Premotal diagnosis 39 (2019).

# Achondrogenesis

- Characterize pulmonary hypoplasia & severe micromelia
- Distinguish by:
  - > Macrocranium
  - > Decreased Mineralization

    - > axial spine, pelvis, calvarium
  - > +/- rib fractures
  - > Short trunk length



### **Future: Preliminary Work**

- · Main factor in lethality is small rib cage
  - · SRPS due short ribs
  - Spondylothoracic or spondylocostal dystostosis have rib crowding
  - Cerebrocostomandibular dysplasia abnormal ineffective or incomplete ribs
  - VEPTR- Vertical expandible prosthetic titanium ribs device scaphold used expand thoracic cavity volume via lengthen & widen
    - . Utilize in asphyxiating thoracic dystrophy converting 70-80% mortality to 70% survival
- Stem cell therapy: Differentiate into osteoblasts & chondrocyts, have low immunogenic profile
  - 2 patients with OI treated with prenatal transplant improved linear growth. nobility and decrease fracture incidence

Victoria T, Zhu X, Lachman R, Epelman M, Oliver ER, Adzick NS, Biko DM. What Is New in Prenatal Skeletal Dysplasias?.AJR. 2018 May;210(5):1022-33.

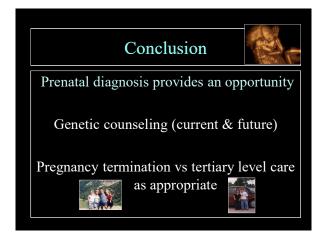
### Common lethal skeletal dysplasias with severe micromelia and small thorax

| Diagnosis                   | Bone<br>Mineralizatio<br>n | Fractures   | Macrocranium | Short<br>Trunk |
|-----------------------------|----------------------------|-------------|--------------|----------------|
| Thanatophoric<br>Dysplasia* | Normal                     | No          | Yes          | No             |
|                             |                            |             |              |                |
| Achondrogenesis             | Patchy                     | Occasional  | Yes          | Yes            |
| Osteogenesis imperfecta     | Generalized                | Innumerable | No           | Yes            |
| type 2                      |                            | maneraoic   |              |                |

\*Distinguish from homozygous achondroplasia because both parents are heterozygotes Distinguish form short-rib polytdactyly syndrome because normal cranial size & polydactyly

### **Conclusions – Common LSD**

- Characterized by pulmonary hypoplasia and severe micromelia.
- Distinguished by key features
  - > Macrocranium
  - > Mineralization & fractures (occasional vs innumerable)
  - > Trunk Length
- Systematic approach in combination with key features, may allow specific diagnosis of lethal skeletal dysplasias



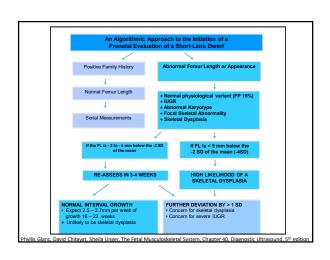
Best practice guidelines regarding prenatal evaluation and delivery of patients with skeletal dysplasia https://doi.org/10.1016/j.ajog.2018.07.017

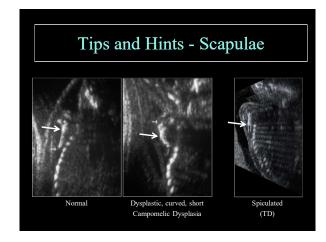
- Preconception genetic counseling recommended if individual/partner has SD or at increased risk (first degree family member 3).

   Consider selfey pregnancy, mode delivery, anesthetic implications
- Women with SD
- Standard weight gain recommendations do not apply
   May need delivery prior term
   Extra attention fluid management peripartum
- · Antenatal diagnosis suspected SD important for pregnancy management and counseling
- If suspect SD should reefer to appropriate centers
- US main imaging modality
- Best indicator of lethality is micromelia
- · Should postmortem Xray
- Incidence fractures newborn with OI not decreased by CS
- Low dose CT. 3D US (facial)and prenatal MRI (spine)can be helpful refine diagnosis
- Key predictors lethality at 18-20wks:
  Chest: Abdomen ratio < 0.6
  Fi:AC ratio < 0.16

  - FL:AC ratio < 0.16
     FL:BPD ratio
     Micromelia > 3SD below mean
     Severely decreased mineralization
- · Postmortem / natal evaluation recommended, bank fetal DNA







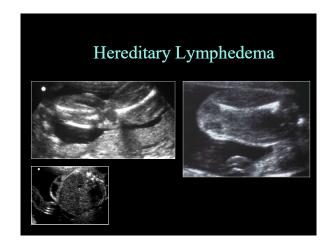
Comprehensive Evaluation includes: Determine if it is a lethal malformation on basis potential pulmonary hypoplasia. Determine pattern and degree of limb shortening. Evaluate interval growth of extremities. Perform a qualitative assessment of long bones:

- Shape, contour, mineralization, bowing, angulation, fractures, hypoplasia or aplasia, number and symmetry

- Assess joints for alignment, contracture or extension deformities Perform a qualitative assessment of other bone
Emphasis spine, hands & feet, calvarium, face, ribs, scapulae, pelvic bones Perform a detailed anatomic survey Couple should be counseled and given options by a team which includes perinatal imaging specialists, medical geneticists, maternal-fetal medicine specialists, and neonatologists. If both parents have skeletal dysplasia, their diagnoses should be determined and the implications of these diagnoses on their pregnancy should be discussed, including the mode of delivery and the postnatal management. After delivery or pregnancy termination diagnosis should be determined using clinical, radiographic, photographic, histomorphic and DNA analysis. Cell cuture and DNA should be banked and used for microarray and molecular diagnosis. For additional detail please review: "Approach to prenatal diagnosis of the lethal skeletal dysplasias" in uptodate.com; last update August 8, 2018. Authors Phyllis Glanc, David Chitayat.

### Prediction Lethality: Multiple sonographic parameters

- Thoracic circumference <5th percentile, measured at the level of the four-chamber heart view
- Thoracic to abdominal circumference ratio < 0.6
- Short thoracic length (from the neck to the diaphragm compared to nomograms)
- Ribs that encircle less than 70 percent of the thoracic circumference at the level of the four-chamber cardiac view
- Markedly narrowed anteroposterior diameter (sagittal view)
- Concave or bell-shaped contour of the thorax (coronal view)
- Heart to chest circumference ratio >50 percent
- Femur length to abdominal circumference ratio <0.16: this ratio is even more predictive when associated with polyhydramnios]



### Evaluation Fetus with mildly shortened femur

Evaluation of fetus with mildly shortened femur: < 5th percentile for GA or below 2SD from mean for GA suggest must consider following:

- 1. Majority normal variation or constitutional short stature.
- 2. Up to 13% isolated mildly short femurs at 18-24 weeks are re-classified as normal on follow-up suggesting measurement errors
- 3. Family and maternal ethnicity should be considered.
- 4. Aneuploidy, in particular Trisomy 21, should be considered.
- 5. Fetal growth retardation is considered when supported by other sonographic evidence of growth restriction.
- Assess serial growth over 3-4 weeks, if normal then skeletal dysplasia
- 7. Findings predictive of skeletal dysplasia include:
  - Femur length > 5 mm below the -2 SD value for GA
     ~ > 4 SD below the mean at 18 and 22 weeks)
     Femur : Foot length < 0.9 is concerning</li>

  - Femur : Abdominal circumference < 0.16

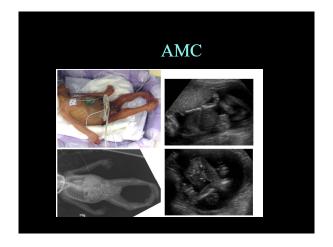
### **Best Practice**

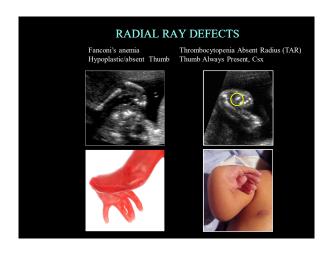
- Discussion with families re lethality
  - Based on ultrasound +/- molecular diagnosis
- · Osteogenesis imperfecta broad phenotype thus molecular diagnosis helpful in predicting severity and recurrence risk
- Approximately 5% newborns with congenital defects have SD

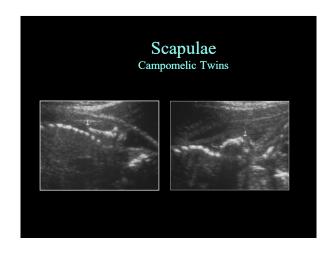
### Hypophosphatasia

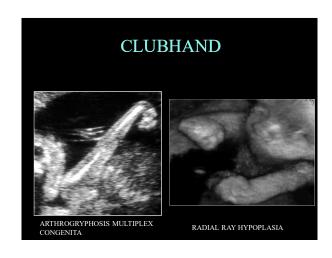
- Hypophosphatasia (HPP) is a rare inherited skeletal dysplasia due to loss of function mutation in ALPL gene located at chromosome 1p36.1-p34
- low prevalence of 1 in 300,000 in Europe with more than 359 mutations
- ALPL gene encodes for an enzyme, TNSALP (or bone ALP), which is essential
- · 6 subtypes: perinatal lethal, prenatal benign, infantile, childhood, adulthood, odontohypophosphatasia each with different age of presentation, symptoms
- Lethal perinatal form lethal arelated small thorax and hypoplastic lung



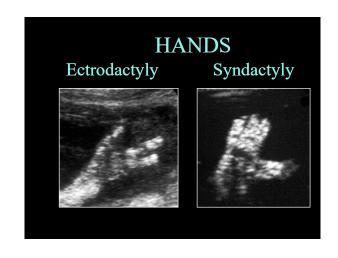


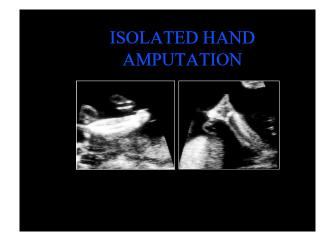


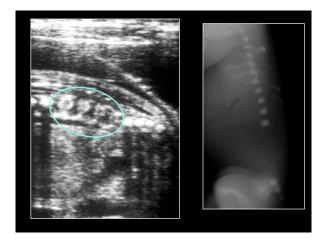






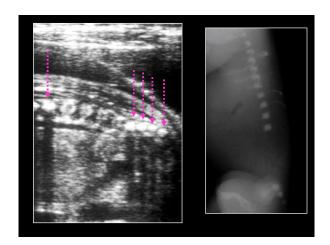






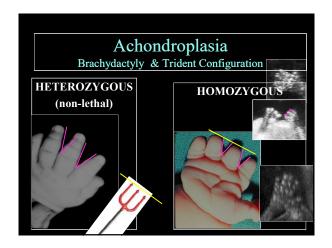


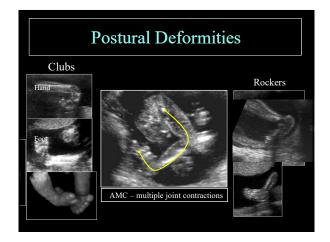


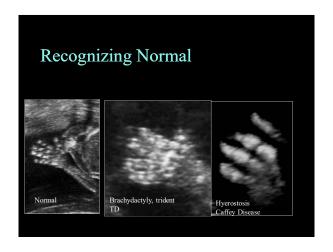


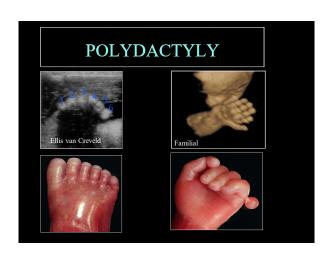


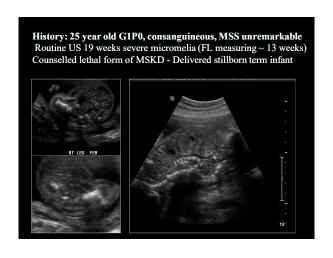


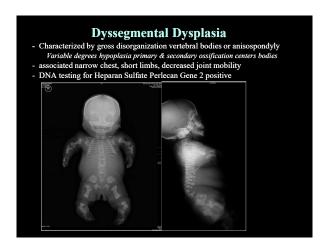






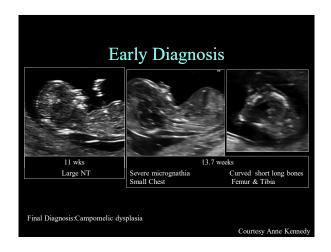




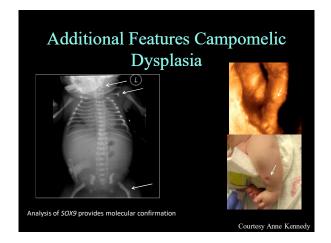


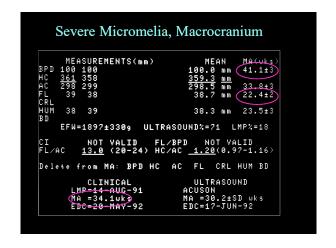
# Campomelic Dysplasia

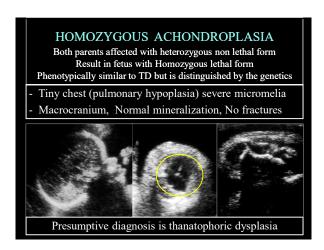
- "Bent bone dysplasia" Gene: Sox9, generally AD
- May have only mild femoral shortening with mild or no bowing thus may be overlooking (acampomelic form no bowing)
- Important clues:
  - > Hypoplastic scapulae (bodies very short)
  - > Cervical spine vertebral body hypoplasia with exaggerated lordosis
  - > Facial dysmorphism
  - > Sex reversed (XY) females
- Chest typically borderline slightly small with normal rib length however laryngo-tracheomalacia common leading to neonatal demise in  $\sim75\%$
- Other bent bones with angulated femurs include kyphomelic dysplasia, Schwartz jampel, widemen, OI, scapuloiliac dysplasia...

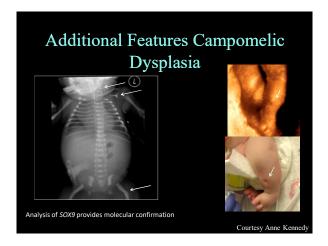












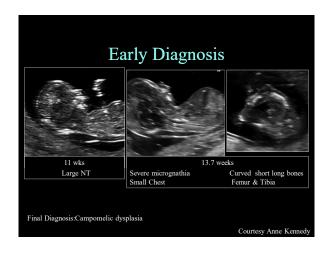
# Feature: Temporal Lobe Dysplasia in Thanatophoric Dysplasia

- 11 year retrospective to determine incidence of TLD in TD
  - > 31 /2501 cases with perinatal autopsy had TD
  - > 24/31 cases with corresponding US
  - ➤ Mean GA 21.3 wks
    - > Prospective ID 25% (all after 2007)
    - > Retrospective ID 67% ( throughout time)
  - Conclusion: Need dedicated views in MSK dysplasias

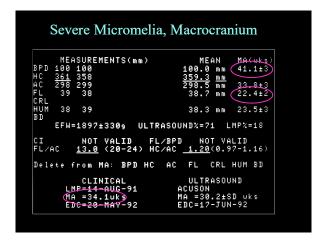
UOG 2014 by Glanc et al

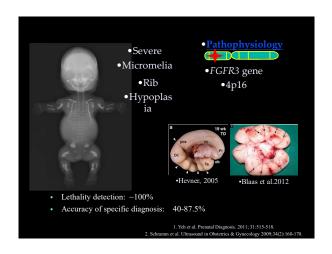
# Campomelic Dysplasia

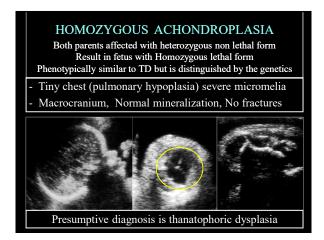
- "Bent bone dysplasia" Gene: Sox9, generally AD
- May have only mild femoral shortening with mild or no bowing thus may be overlooking (acampomelic form no bowing)
- Important clues:
  - > Hypoplastic scapulae (bodies very short)
  - > Cervical spine vertebral body hypoplasia with exaggerated lordosis
  - Facial dysmorphism
  - > Sex reversed (XY) females
- Chest typically borderline slightly small with normal rib length however laryngo-tracheomalacia common leading to neonatal demise in ~ 75%
- Other bent bones with angulated femurs include kyphomelic dysplasia, Schwartz jampel, widemen, Ol, scapuloiliac dysplasia...

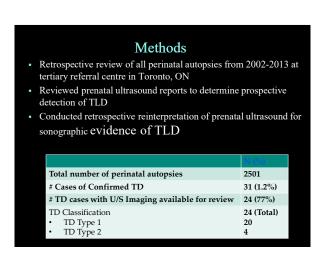












# Feature: Temporal Lobe Dysplasia in Thanatophoric Dysplasia 11 year retrospective to determine incidence of TLD in TD 31/2501 cases with perinatal autopsy had TD 24/31 cases with corresponding US Mean GA 21.3 wks Prospective ID 25% (all after 2007) Retrospective ID 67% (throughout time) Conclusion: Need dedicated views in MSK dysplasias

Results

Despite being virtually pathognomonic for TD, TLD was only initially reported in 6/24 TD cases; retrospective interpretation found 10 additional cases with TLD

2002-2006 2007-2013 2002-2013 N=10
N=10 N=14 N=24

Interpretation Yes No Yes No Total Original 0 10 6 8 6
Retrospective 5 5 11 3 16

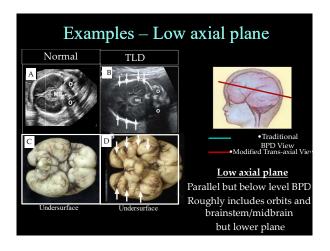
Factors that contribute to low sonographic detection

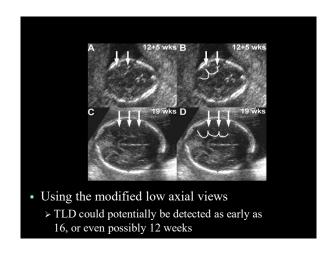
Lack of awareness of feature (1st case report 20071)

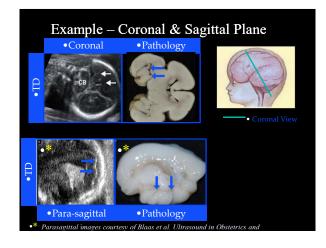
Ultrasound views that optimally display TLD are not included in the standard views taken

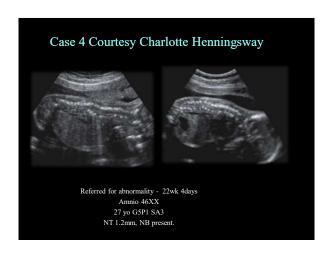
Overshadowing of TLD by the overwhelming

1. Malinger G, et al. Ultrasound in Original Sequence (1st case report 20071)



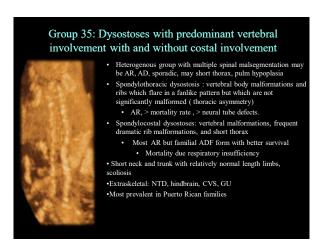


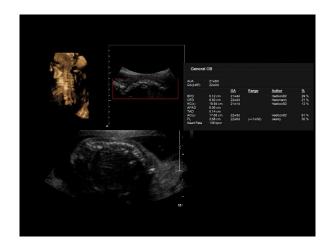




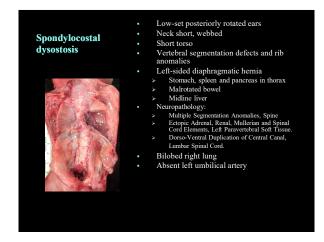
### ID TLD

- Modified axial/coronal views
- Presence TLD help to distinguish from other skeletal dysplasias
- Guide specific molecular investigation for FGFR3 mutation for definitive analysis

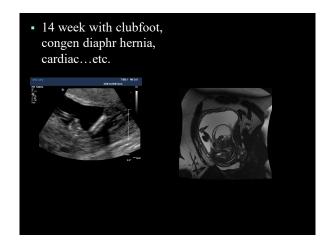








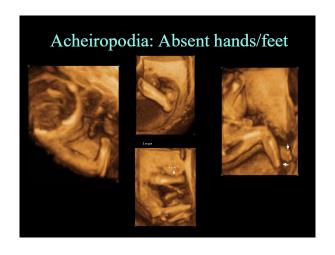


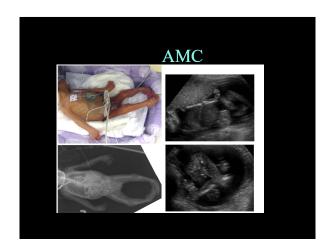


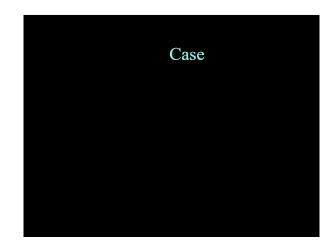


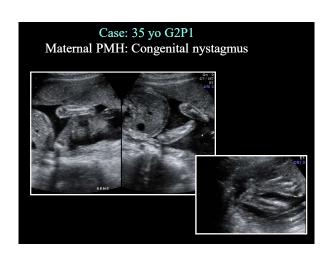
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# Suspect Fetal Akinesia AMC vs Pena-Shokeir Phenotype • PSP- lethal, multiple ankyloses, facial anomalies,pulmonary hypoplasia, IUGR, poly > Intercostal and diaphragmatic muscle dysfunction in combination with small thorax = lethal • AMC – multiple extremitity contractures (≥ 2) but otherwise heterogenous > Pulmonary hypoplasia not obligatory > Variable outcome • DDX: Trisomy 18, multiple ptergyium syndrome, • Variable genetic etiology



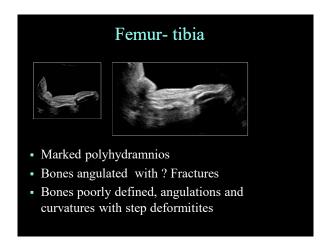


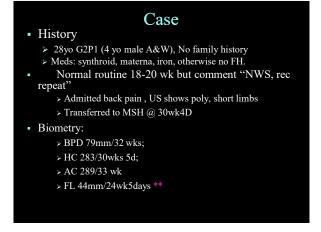


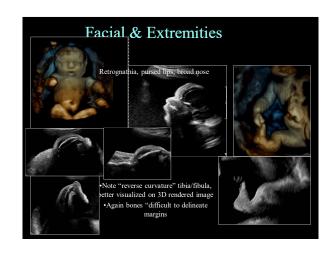


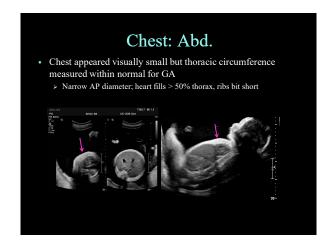


# Case

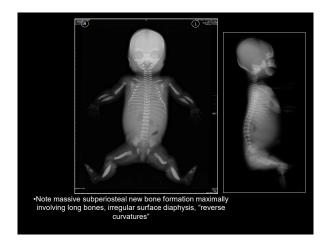






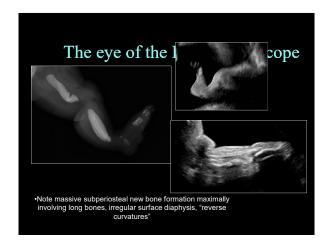


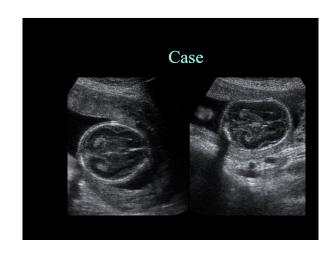


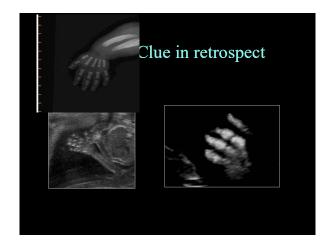


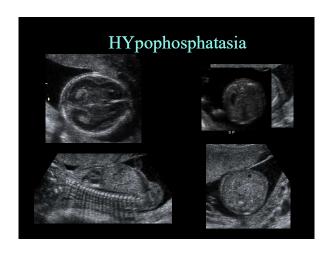
### Caffey Disease or infantile cortical hyperostosis

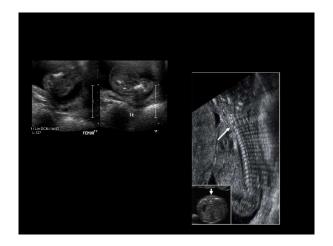
- Massive subperiosteal new bone formation
  - > max involve diaphyses long bones and ribs, also mandible,s capulae, clavicles with sparing epiphyses
- Assoc fever, joint swelling pain around age 2 months and spont resolution by age 2 years.
- Occasion detect in T3 on US
- COLIAI mutation c.3040C>T (p.Arg1014Cys;
- Genetic counsel- inherit AD manner, may new mutation.

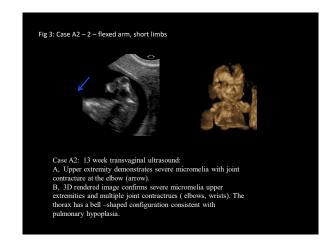




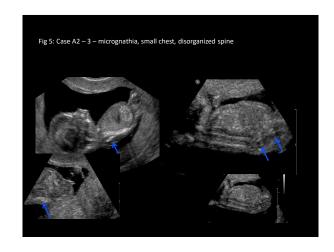










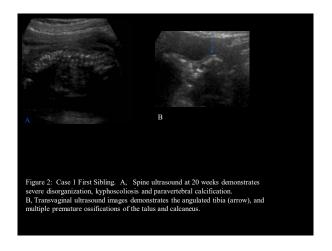




# Dyssegmental Dysplasia

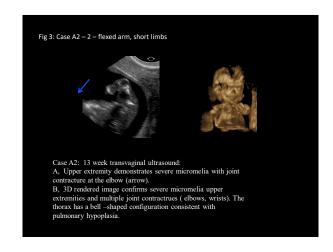
- Rare ,AR
- Characteried by differences in size/shape vertebral bodies anisospondyly resulting in spine disorganization
  - > Severe is Silverman-Handmaker DD SH
  - > Milder Rolland Desbuquos DD RD type
  - > Mutation in heparan sulphate perlecan gene (HSPG2)
    - > Abn cartilage development

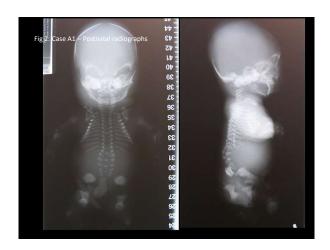
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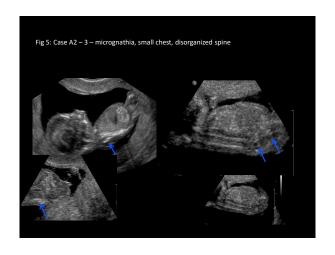








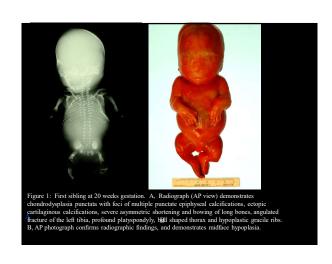




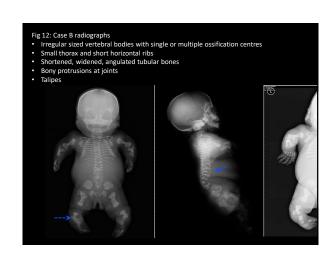






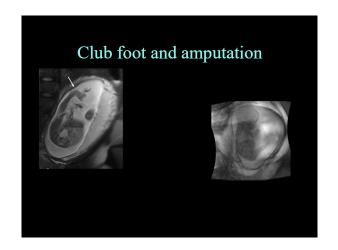


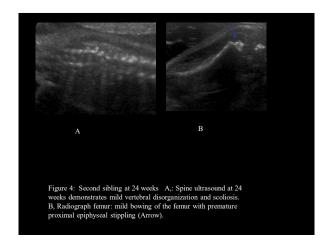


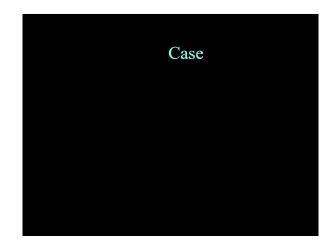


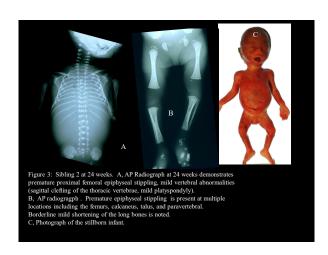
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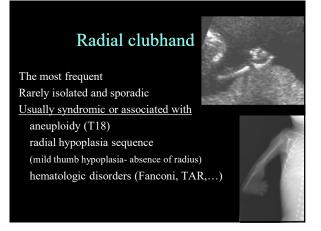














# Radial clubhand & hematologic disorders

Fanconi AR, pancytopenia, chromosomal instability

radial clubhand, no thumb, radial hypoplasia

microcephaly, scoliosis,...

! 25 % no limb reduction anomaly

thrombocytopenia-absent radius, AR thumb & metacarpals present

33 % heart defects (Fallot, septal defects)

C/S recommended

TAR

Aase S AR, hypoplastic anemia, triphalangeal thumb

cardiac defects (VSD, Coarctation)

### Thrombocytopenia absent Radius TAR

- Rare AR chromosome 1q21 harbor a 200kb deletion multigene include rmb8 gene
- Characterize:
  - > Absent radius BUT HAVE THUMB
  - > Thrombocytopenia/platelet deficiency
    - > May normalize with age
- Associated short stature, multisystem malformation, dysmorphic facies/microgthania...

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cardiac defects (VSD, Coarctation)

### Radial clubhand & ...

Scoliosis VACTERL

Goldenhar Klippel-Feil

• Cleft lip / palate

• Chromosomal anomaly: T18, T21

13p del, ring 4

### Ulnar clubhand

- rare
- ulnar deficiency
- usually non syndromic
- frequently isolated

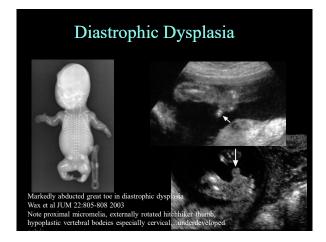
 may be associated with: radial fingers anomalies!, other: lobster claw, Cornelia de Lange mesomelic dwarfism



## Once we are talking thumbs



- Focal Femoral Deficiency
  - Proximal type Classify A-d ( D is worst involving aceteabulum)
  - > Rare, non-heredityary
  - ➤ Uni or bilateral
  - > Etiology
    - > Thalidomide
    - Associated with other syndromes included femoral hypoplasia-unusual facies, femur-fibula-ulna syndrome
    - > May association diabetes



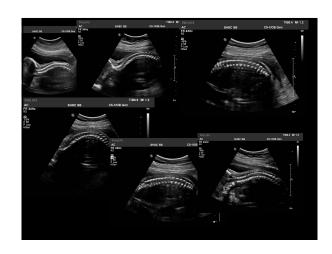


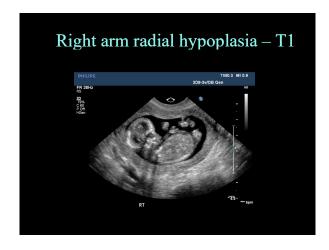
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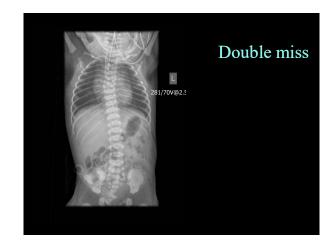


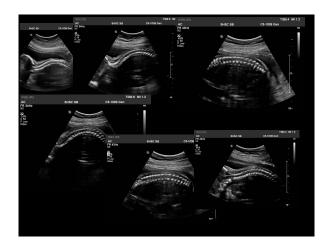


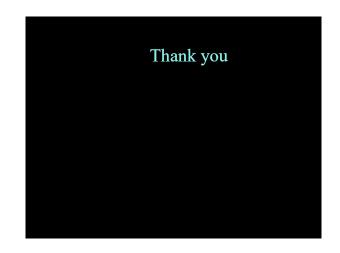


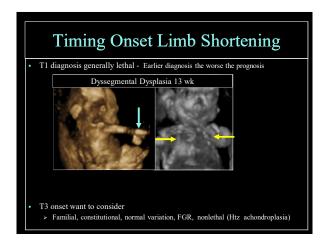




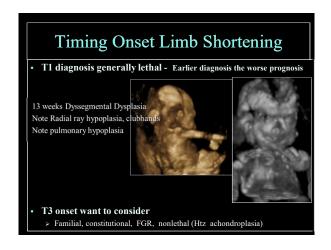














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